

# Integrated Design of Biorefineries Based on Spent Coffee Grounds

Manuel Taifouris, Marcos L. Corazza, and Mariano Martín\*

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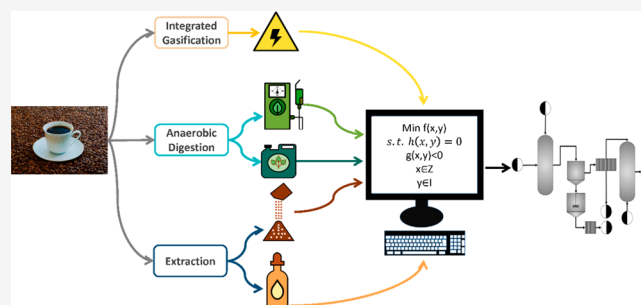
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**ABSTRACT:** The circular economy concept applied to the management of spent coffee grounds (SCG) is an opportunity to obtain a portfolio of high added-value products and reducing the environmental impact while increasing the profitability and reducing the energy consumption of the soluble coffee production process. A systematic analysis of the alternatives is performed to unveil integration opportunities and find synergies aiming at the optimal set of processes and products. In this work, five products, dry natural extract, dry natural pigment for the textile industry, biogas, digestate, and electrical energy, through three different processes are considered. The use of SCG to produce biodiesel is discarded after prescreening. A systematic techno-economic analysis of all processes is carried out, and two processes were found economically promising, the production of power and the production of natural extract and pigment. The production of natural pigment and natural extract is the most profitable process, with a profit 40 times larger than the production of electrical energy. The operation and investment costs are 4.59 MM€/year and 13.97 MM€, respectively. Therefore, it is possible to achieve economic benefit from the treatment of this waste.



## 1. INTRODUCTION

Society faces three problems: energy, food, and reducing the high production of waste. The three represent not only a demand, supply, and management issue, but they also show a large environmental impact, which is increasingly aggravated due to the growth of the world's population. In particular, the effect of uncontrolled waste production represents already a challenge, and society is becoming aware and concerned. As a result, more restrictive legislation on waste generation is being approved,<sup>1</sup> favoring the development of a circular economy and the bioeconomy. The main idea is to valorize the waste generated in a biological process into high added-value products that are used as raw materials for other industries or are directly sold to the final consumer.<sup>1</sup> Some examples of added-value products that can be obtained from waste are essential oils<sup>2,3</sup> and natural extracts.<sup>4</sup> The bioeconomy concept applied to the food industry has not only economic benefits such as the creation of direct and indirect jobs and the improvement of the competitiveness of production processes but also environmental benefits.<sup>3</sup> Among the products of the food industry, one stands out above the rest, coffee. Coffee is the second most important consumer product after oil<sup>5</sup> with a production of 10.16 billion kilograms between 2018 and 2019.<sup>6</sup> Its production is mainly concentrated in countries such as Brazil, Vietnam, Colombia, Indonesia, Ethiopia, India, and Honduras, with Brazil being the largest coffee exporter in the world.<sup>7</sup> In the production of coffee, a large amount of waste is generated, especially the spent coffee grounds (SCG) and the coffee silver skins (CSS).<sup>5</sup> In the coffee industry, 650 kg of

SCG per ton of green coffee beans and 2 kg per kilogram of soluble coffee produced are generated.<sup>7</sup>

In the countries mentioned above, current environmental laws are more permissive than in the case of Europe or the US, so this type of waste ends up in landfills, incinerated, or used as compost. This causes a series of environmental problems such as soil contamination,<sup>8</sup> due to the presence of toxic substances such as caffeine or other polyphenols, the production of greenhouse gases such as CH<sub>4</sub> and CO<sub>2</sub>, due to the decomposition of organic matter, and the release of large amounts of CO<sub>2</sub> in incineration processes. Alternatively, SCG can be used to produce a wide variety of high added-value products due to its composition. The use of the residue to produce these high added-value products does not only reduce its environmental impact but provides additional value, closing the life cycle, transforming the waste from one industry into the raw material for another, pursuing the goal of zero-waste emissions leading to a truly circular economy by closing the life cycle. Some authors have studied the use of SCG to produce different types of biofuels, such as biodiesel and bioethanol,<sup>9,10</sup> biogas,<sup>11</sup> bio-oil,<sup>12</sup> and pellets;<sup>13</sup> food supplements and biocomponents for the pharmaceutical and cosmetic indus-

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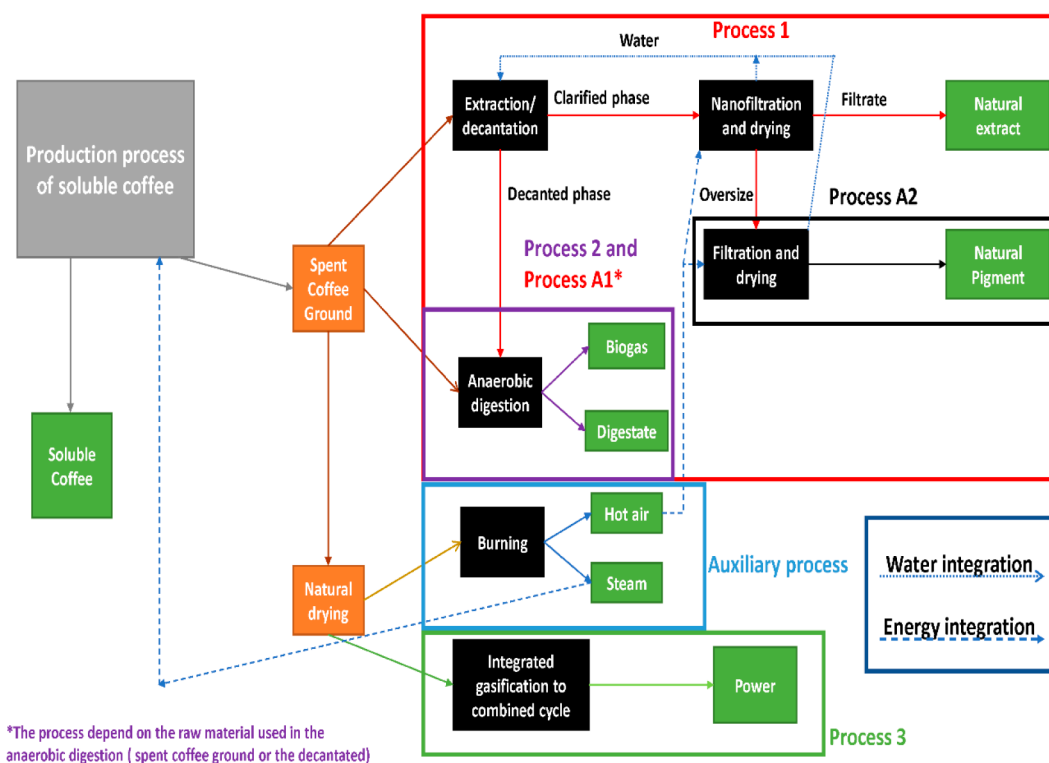


Figure 1. Superstructure for the use and integration of spent coffee grounds.

tries, such as caffeine, antioxidants, and phenolics;<sup>14</sup> natural extracts;<sup>4,15</sup> additives for industry, such as tannins<sup>16</sup> or polymers such as polyhydroxyalkanoates (PHAs);<sup>17</sup> fertilizer production for some types of crops<sup>18</sup> and energy production.<sup>19</sup> However, these are experimental studies that only evaluate the production yields of various products but do not carry out techno-economic studies of the entire process. In addition, techno-economic analyses are focused on the production of specific products.<sup>4,20</sup> The use of SCG for the production of added-value products represents an opportunity to reduce the environmental impact of the coffee industry, reducing the energy consumption and waste generation, while improving its economics. The selection of the portfolio of products requires a systematic analysis of the alternatives to unveil the synergies and integration opportunities.

In this work, mathematical optimization techniques are used for the design of a process that transforms the SPG into a portfolio of products including high-added-value ones. The treatment of coffee wastes must be economical and environmentally conscious and with the final aim of integrating this process as a section of a soluble coffee production plant, favoring the circular economy. Five products, dry natural extract, natural pigment for the textile industry, biogas, digestate, and electrical energy, and three processes are considered. On the one hand, the spent coffee ground extract shows interesting values of phenolic compounds such as caffeine and chlorogenic acids that show antioxidant and antitumor activity.<sup>21</sup> Furthermore, caffeine is related to the decrease in depression,<sup>22</sup> fatty liver, and other diseases.<sup>23</sup> On the other hand, the use of natural pigments in the textile industry can increase the safety of the dyeing process due to the low toxicity of this pigment and the increased sustainability in terms of chemistry and energy consumption. Most of the pigments and natural extracts are obtained from vegetable or

animal sources<sup>24</sup> requiring cultivation or harvesting of the natural environment in which they are produced, causing a negative environmental impact.

The natural extracts and pigments obtained from waste do not only reduce the environmental impact of the process in which they are generated but also represent a valorization of the waste promoting circular economy. The digestate obtained from the SCG can be used as a natural fertilizer and substitute part of the mineral fertilizer used for the production of coffee beans. All of the products that can be obtained from the SCG do not compete for part of the market but rather replace part of the current products with others with a more sustainable origin and favor the circular economy of a process with high environmental impact.

This work corresponds to the conceptual level design of the facility, constituting a previous step to the design and construction of a biorefinery providing a guide toward the use of SCG. The rest of the paper is organized as follows. In section 2, the mathematical optimization model is developed, including the modeling of the processes with the energy and mass balance, considerations, and diagrams. An economic analysis is carried out as well. In section 3, the model is applied for a representative industrial case, and the results are presented, and in section 4, the conclusions are discussed.

## 2. PROCESS DESCRIPTION

In this section, the superstructure of alternative processes is described, shown in Figure 1, is described. Three main processes and two subprocesses derived from Process 1 (Process A1 and Process A2) are considered for the valorization of the SCG. The modeling of the processes is carried out using mass and energy balances, phase equilibria, experimental yields, and rules of thumb to describe the yield and performance of each one of the units.<sup>25</sup> Process 1 consists

of an extraction and filtration system for the production of a natural coffee extract of high added value. This process generates two residues that are valorized through anaerobic digestion (Process A1) to produce biogas and digestate and a filtration and drying process (Process A2) to produce natural pigment. Process A1 and Process 2 use the same technology, but the difference is the raw material. SCG is used as a raw material for Process 2, while Process A1 uses the residue from the decanter of Process 1. Finally, Process 3 uses the SCG to produce electrical energy using a gasifier and a combined cycle. The processes are modeled following an equation-based approach in GAMS.

In the design of the superstructure, the integration of energy and water is considered (see Figure 1). The energy required for the anaerobic digestion, filtration, and drying processes is generated within the facility through an auxiliary process. The processes that require dry raw material are discarded due to the cost of energy involved in the drying stage of raw material with 60% humidity. The composition of the raw material is shown in Figure 2. This composition is obtained from the mass

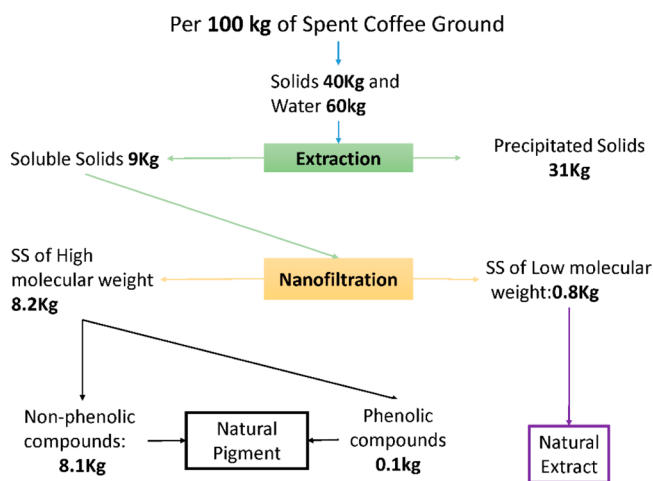


Figure 2. Composition of the spent coffee grounds.

balances shown in the literature.<sup>4</sup> In addition, another important piece of information to model the mass balances is the average density of the solids of the SCG. Given the density of the SCG and its water content,<sup>26</sup> the average density of the solids is determined (1.329 kg/dm<sup>3</sup>). Besides, the density of citric acid ( $\rho_{ac}$ ) is 1.66 kg/dm.<sup>3,27</sup> In that work, the process was evaluated at laboratory and pilot plant scales.

**2.1. Process 1: Production of the Natural Extract.** The details of Process 1 can be seen in Figure 3. Among all the products considered in this work, the natural extracts of the spent coffee grounds are the ones with the highest added value.

Besides, some additional information is required. It is assumed that the raw material has a humidity percentage of 60%.<sup>4</sup> The mass ratio of the extraction medium (water and a solution of 3 g/L acid citric) with respect to the SCG is 4,<sup>4</sup> that is to say, 3.988 kg of water and 0.012 kg of acid citric per kg of SCG.

After the extraction process (EX), the solids are distributed between the decanted, precipitated solids and clarified phase, soluble solids, in the decanter (DE). The mass ratio between the clarified phase and the SCG fed to Process 1 is 3.2.<sup>4</sup> Therefore, the mass flows of the clarified phase ( $F_{CLA}$ ) and the

decanted phase ( $F_{DEC}$ ) are calculated from the amount of SCG fed to Process 1 ( $F_{SCG}$ ) by eqs 1 and 2.

$$F_{CLA} = 3.2F_{SCG} \quad (1)$$

$$F_{DEC} = 1.8F_{SCG} \quad (2)$$

In addition, the volume of the clarified phase is also reported,<sup>4</sup> so its density can be calculated ( $\rho_{CLA} = 1.01 \text{ kg/dm}^3$ ). This information allows obtaining the composition of soluble solids, water, and citric acid of the clarified stream since the amount of precipitated solids ( $F_{DEC_{ps}}$ ) can be estimated using the consideration explained in the section describing Process 2 (Table 1), and the SCG composition ( $F_{RMTs}$ ) is known.<sup>4</sup> The mass balance to the species in the decanted phase, water, precipitated solids, and citric acid is shown by eq 3. Besides, the concentration of citric acid is 3g/L<sup>4</sup> with respect to the amount of water in each phase (eqs 4 and 7).

$$F_{DEC_{H_2O}} + F_{DEC_{Ac}} + F_{DEC_{ps}} = F_{DEC} \quad (3)$$

$$F_{DEC_{Ac}} = 0.003 \times F_{DEC_{H_2O}} \quad (4)$$

In the case of the clarified phase, the mass flows are given by eqs 5 and 6:

$$F_{CLA_{ss}} = F_{SCG_{TS}} - F_{DEC_{ps}} \quad (5)$$

$$F_{CLA_{H_2O}} + F_{CLA_{Ac}} + F_{CLA_{ss}} = F_{CLA} \quad (6)$$

$$F_{CLA_{Ac}} = 0.003 \times F_{CLA_{H_2O}} \quad (7)$$

Thus, if the density of the clarified phase is known, the average density of the soluble solids ( $\rho_{ss}$ ) can be calculated. This is shown in eq 8.

$$F_{CLA} \times \rho_{CLA} = F_{CLA_{H_2O}} \times \rho_{H_2O} + F_{CLA_{Ac}} \times \rho_{Ac} + F_{CLA_{ss}} \times \rho_{ss} \quad (8)$$

The density of the soluble solids is later used in the rest of the mass balances. This density determines the distribution of the amount of water between the different phases in the nanofiltration process, but the amount of solids in each phase is known.<sup>4</sup> There is a large amount of water in both phases. Therefore, the error in the approximation is negligible. Precipitated solids ( $F_{DEC_{ps}}$ ) are the first type of waste generated in the processing of SCG and are treated by Process A1. The steam to heat-up the stream fed to the nanofiltration process (NF) is generated within the plant by an auxiliary process that uses a fraction of the SCG. This heating is performed in a heat exchanger (IQ<sub>2</sub>), and the energy balance is presented in eq 9:

$$\sum_i F_{CLA_i} \times cp_i(40^\circ\text{C} - 25^\circ\text{C}) = (F_{\text{steam}_{in}} - F_{\text{steam}_{out}}) \times \lambda_{H_2O} \quad (9)$$

$i \in \{H_2O, Ac, \text{solids}\}$

where  $cp_i$  is the heat capacity of each compound of the clarified stream and  $\lambda_{H_2O}$  is the latent heat of the water. In this case, the heat capacity of the liquid water is used since this is the main compound of the stream.

In the nanofiltration process, low molecular weight soluble solids (i.e., caffeine) are separated from high molecular weight solids (i.e., tannins) to adjust the antioxidant properties of the

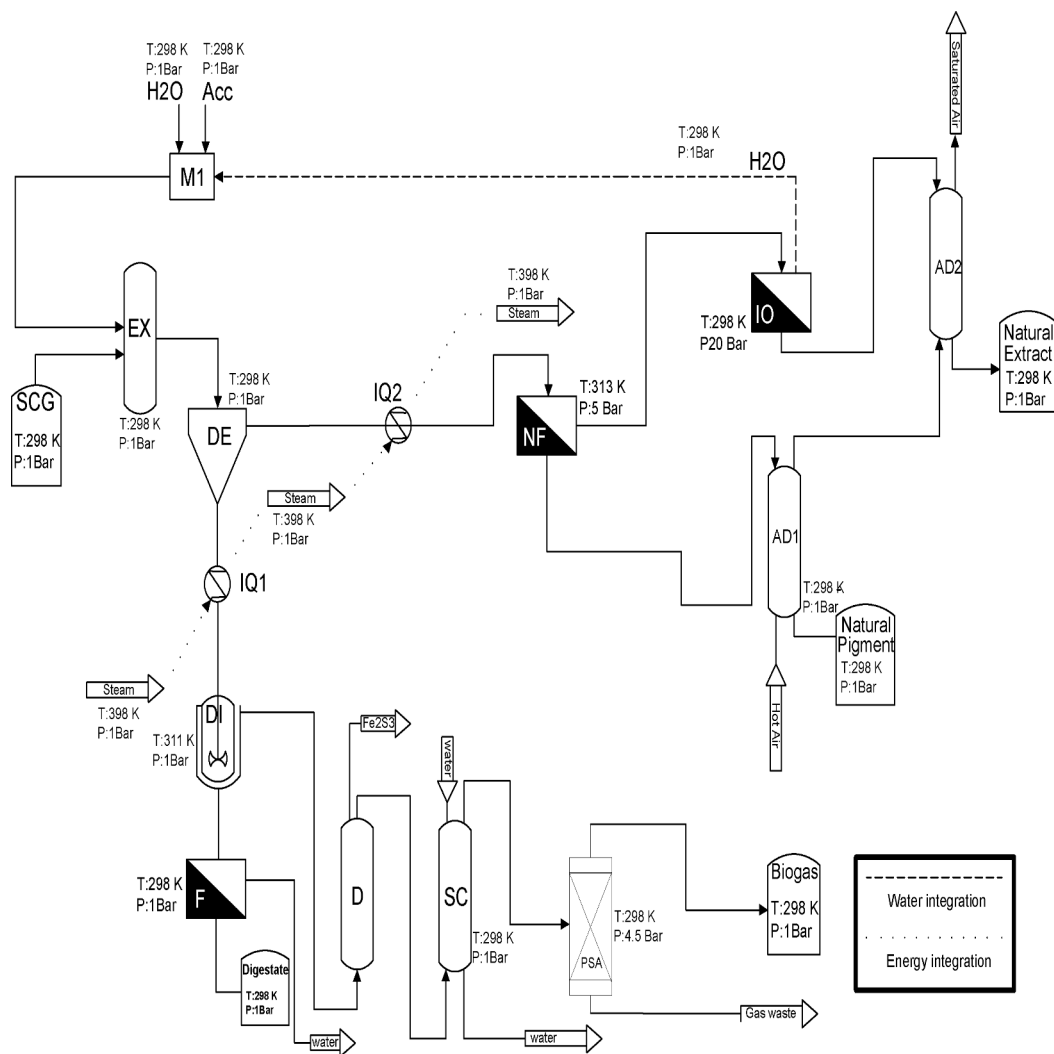


Figure 3. Flowsheet diagram of Process 1: Production of Natural Extract from SCG. M represents the mixer.

Table 1. Amount of the Precipitated Solids (31.01 kg)

Compound	amount (kg)
ash	0.484
lignin	6.132
protein	2.667
lipids	5.600
carbohydrates	14.838
NPN (soluble)	0.452
NPN (insoluble)	0.839

final product so that the product can be sold as a natural coffee extract.<sup>4</sup> Besides, citric acid is retained in this stage.<sup>4</sup>

The amount of solids that go through the nanofiltration process,  $F_{PER_{sslm}}$ , is determined using the information on the final product presented by the literature.<sup>4</sup> The production yield with respect to the SCG feed and the humidity of the final product (natural extract) are 0.8% and 5.9%, respectively. Therefore, the amount of solids in the natural extract can be calculated as described below. Between the natural extract and the nanofiltration process, there is only reverse osmosis (IO) and a drying process (in both processes, only the water is removed<sup>4</sup>). Therefore, the amount of solids in the natural extract is the same as in the permeate of the nanofiltration process. The retained solids,  $F_{REN_{sshm}}$ , can be calculated as the

difference between the total solids before the process of nanofiltration,  $F_{CLA_{ss}}$  and the solids in the permeate stream ( $F_{PER_{sslm}}$ ) (eq 10). The solids retained ( $F_{REN_{sshm}}$ ) are the second type of waste generated in Process 1 and are treated at Process A2. The volume of the retentate is given by the concentration factor,  $CF_{NF}$ , with a value of 7.5 in the literature,<sup>4</sup> (eq 11), and the mass balance of the compounds of the retentate can be calculated by eqs 12–14.

$$F_{REN_{sshm}} = F_{CLA_{ss}} - F_{PER_{sslm}} \rightarrow F_{PER_{sslm}} = 0.008 \times 0.059 \times F_{SCG} \tag{10}$$

$$V_{REN} = \frac{V_{CLA}}{CF_{NF}} \rightarrow V_{REN} = \frac{F_{REN}}{\rho_{REN}} \rightarrow F_{REN} = V_{REN} \times \rho_{REN} \tag{11}$$

$$F_{REN_{H_2O}} + F_{REN_{Ac}} + F_{REN_{sshm}} = F_{REN} \tag{12}$$

$$F_{REN_{H_2O}} \rho_{H_2O} + F_{REN_{Ac}} \rho_{Ac} + F_{REN_{sshm}} \rho_{ss} = F_{REN} \times \rho_{REN} \tag{13}$$

$$F_{REN_{Ac}} = F_{CLA_{Ac}} \tag{14}$$

In the case of the permeate, the amount of each compound *i* can be calculated as the difference between the amount of the

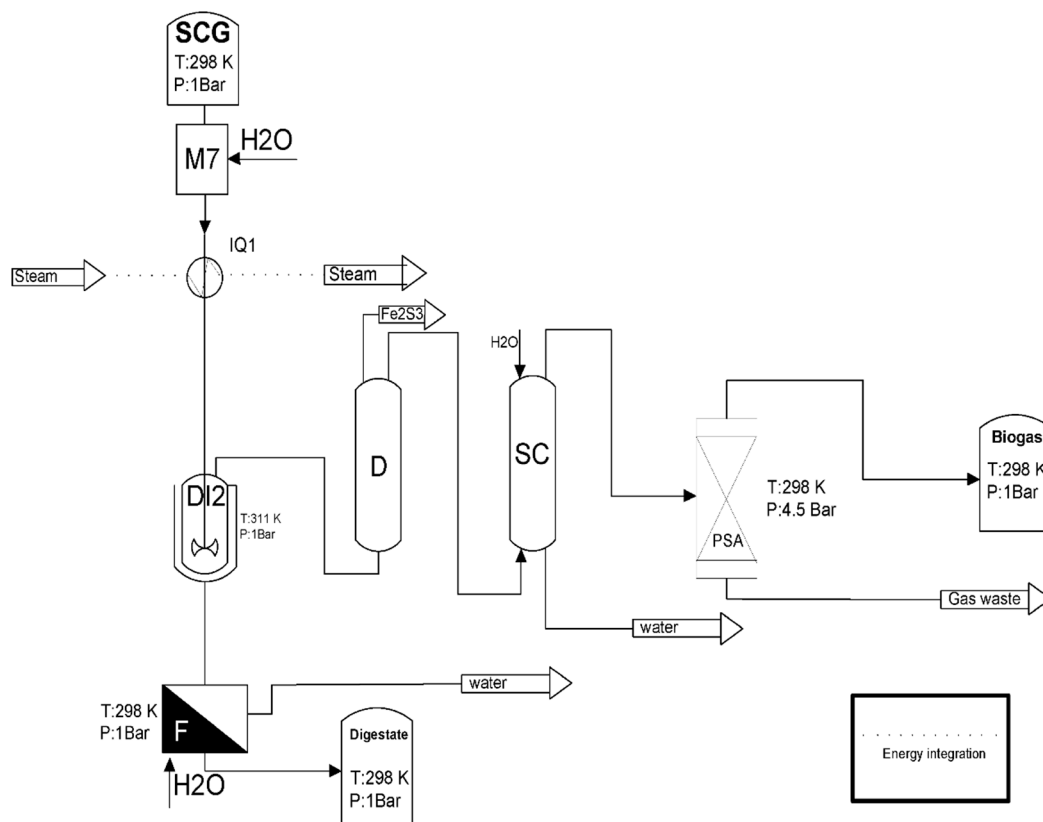


Figure 4. Flowsheet diagram of Processes A1 and 2: Production of Biogas and Digestate.

compounds of the retentate and the clarified phase of the decanter (eq 15).

$$F_{PER,i} \in F_{CLA,i} - F_{REN,i} \quad i \in \{H_2O, Ac, solids\} \quad (15)$$

The high molecular weight solids are treated in Process A2, where they are dehydrated in a drying process down to 10% water, while the low molecular weight solids are dehydrated in a reverse osmosis process and dried to reduce the amount of water down to 5.9%, using a hot air dryer (AD) fed with a stream of flue gas generated in an auxiliary process. The concentration factor ( $CF_{OI}$ ) in the case of the reverse osmosis process is  $30^4$  (eq 16). In this case, only water is removed<sup>4</sup> (eq 17) exiting as permeate stream ( $F_{OIP}$ ) in the reverse osmosis process. Equations 18–20 are used to evaluate the mass balances between the permeate stream and the rejected stream ( $F_{OIR}$ ) and their components.

$$V_{OIR} = \frac{V_{PER}}{CF_{OI}} \rightarrow V_{OIR} = \frac{F_{OIR}}{\rho_{OIR}} \rightarrow F_{OIR} = V_{OIR} \times \rho_{OIR} \quad (16)$$

$$F_{OIP} = F_{OIP,H_2O} \quad (17)$$

$$F_{PER} = F_{OIP} + F_{OIR} \quad (18)$$

$$F_{OIR} = F_{OIR,H_2O} + F_{OIR,sshm} \quad (19)$$

$$F_{OIR,H_2O} \rho_{H_2O} + F_{OIR,sshm} \rho_{ss} = F_{OIR} \times \rho_{OIR} \quad (20)$$

In the drying processes, only water is exchanged between the streams. In the case of the drying process of the natural pigment (AD1), the mass balances are shown by eqs 21–23.

Equations 24–26 are used to model the drying process of the natural extract (AD2).

$$F_{REN} + F_{FGIAD1} = F_{NP} + F_{FGOAD1} \quad (21)$$

$$F_{REN,H_2O} - F_{NP,H_2O} = F_{FGOAD1,H_2O} - F_{FGIAD1,H_2O} \quad (22)$$

$$F_{NP,H_2O} = 0.1 \times F_{NP} \quad (23)$$

$$F_{OIR} + F_{FGIAD2} = F_{NE} + F_{FGOAD2} \quad (24)$$

$$F_{OIR,H_2O} - F_{NE,H_2O} = F_{FGOAD2,H_2O} - F_{FGIAD2,H_2O} \quad (25)$$

$$F_{NE,H_2O} = 0.059 \times F_{NE} \quad (26)$$

Based on the mass balances presented and described above, Process 1 is modeled within the superstructure.

**2.2. Process 2 and Process A1: Production of Biogas and Digestate.** The same technology (anaerobic digestion) is used in both processes to produce biogas and digestate. The difference is the raw material they use. In Process 2, SCG is used as raw material, while Process A1 uses the precipitated solids from the decanter of Process 1 (see Figure 1). The process flow diagram of both processes can be seen in Figure 4. The composition for the SCG is taken from the literature,<sup>11</sup> but in the case of precipitated solids, their composition must be estimated, since the composition is not indicated in the experimental study.<sup>4</sup> The initial composition of the SCG and the following considerations are used to estimate it.

- The nitrogen present in SCG is divided into proteins and nonprotein nitrogen (NPN). The proportion of the nitrogen in the SCG is 54.34% in the form of protein and 45.66% in the form of NPN.<sup>28</sup> Proteins are insoluble

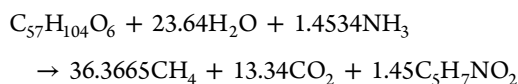
because, after the production of the soluble coffee, the protein suffers a denaturation and association with cell wall arabinogalactans.<sup>29</sup> In addition, 62.57% of the NPN is soluble in water.<sup>28</sup> Considering that it is distributed in the same way in the water of the clarified phase and the water of the precipitated phase and that the ratio of the amount of water in the clarified phase with respect to that in the precipitated phase is 2.11,<sup>4</sup> 32.25% of the soluble NPN is retained by the precipitate.

- Most carbohydrates are formed by cellulose, hemicellulose, and lignin.<sup>29</sup> These compounds are insoluble in water<sup>30</sup> under the process conditions (1 bar and 25 °C), so it is considered that the carbohydrates after the decantation process are the same that the carbohydrates in the raw material.

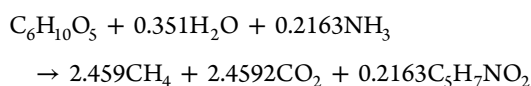
Thus, the composition of the precipitated solids is shown in Table 1.

This composition is used to model the anaerobic digestion of the precipitated solids. The reactor yield is obtained by running a detailed kinetic model of the process.<sup>31</sup> In this model, an empirical formula for the proteins, carbohydrates, and lipids is considered<sup>31</sup> to calculate the mass and energy balances.

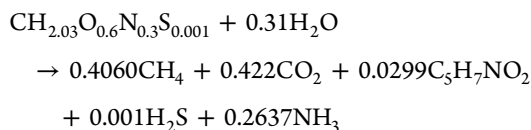
Lipids



Carbohydrates



Protein



The kinetics is modeled based on the following considerations.<sup>31</sup>

- The kinetics follows a first-order reaction where the limiting phase is hydrolysis.
- The reaction is carried out in a stirred thermostated batch reactor to keep the temperature constant.

The kinetic constants are obtained by fitting the kinetic model to the experimental data.<sup>11</sup> Therefore, the stream has to be heated up to 311 K (IQ1 in Process 2 (see Figure 4) and in Process A1 (see Figure 3)). The rest of the considerations and the kinetic model can be seen in the previous work.<sup>31</sup>

This model is solved in Matlab, and a surrogate in the form of an input-output model is formulated to be integrated into the optimization model using the yield toward CH<sub>4</sub>, CO<sub>2</sub>, SH<sub>2</sub>, and NH<sub>3</sub> and raw material consumed. The residence time must be equal to or less than 21 days since the reference study<sup>11</sup> only has data until that day to avoid extrapolation errors. Therefore, only up to 80% of the raw material is used. The profile of the concentration of the components involved in the reaction in the time can be seen in Figure 5.

Thus, the reaction yield and its kinetics, the Dalton's and Raoult's principles, as well as Antoine's equation, are used to determine the gas composition exiting the digester (DI). This

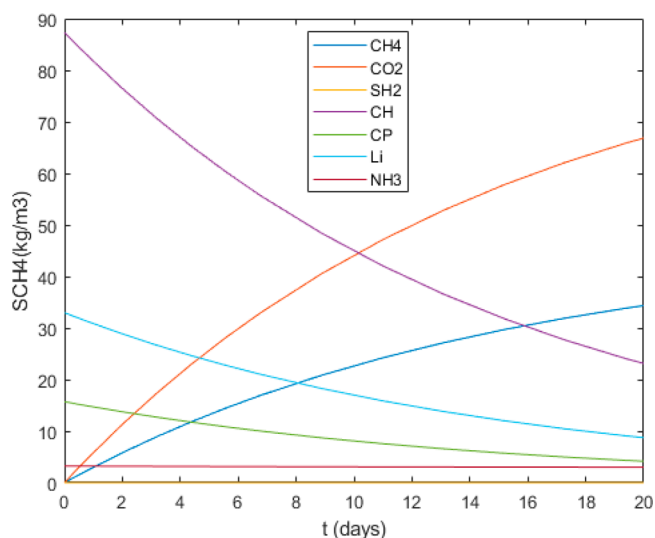


Figure 5. Profile of the chemical species along the anaerobic digestion.

approach was chosen, considering a large amount of liquid-phase water compared to other gases.<sup>32</sup> The ratio between the molar fraction in the liquid phase and the gas phase is given by eq 27.

$$\frac{1}{10^{A-B/C+T} \times x_i} = y_i \{ \text{CH}_4, \text{CO}_2, \text{SH}_2, \text{NH}_3, \text{H}_2\text{O} \} \quad (27)$$

A bed of Fe<sub>2</sub>O<sub>3</sub> (D) is used to remove the H<sub>2</sub>S,<sup>33</sup> a scrubber (SC) is used to reduce the amount of ammonia down to 5%,<sup>31</sup> and a pressure swing adsorption (PSA) is used to remove the rest of the ammonia, the water, and 95% of the CO<sub>2</sub> of the biogas.<sup>33</sup> A granular filter (F) is installed to dry the digestate.<sup>31</sup> The water consumption of the scrubber is 24.55 m<sup>3</sup> per ton of biogas, while, in the case of the filter, it is 0.01 m<sup>3</sup> per ton of digestate for the cleaning cycle.<sup>34</sup>

**2.3. Process A2: Production of Natural Pigment.** The flowsheet of process A2 can be seen in Figure 6. This process is

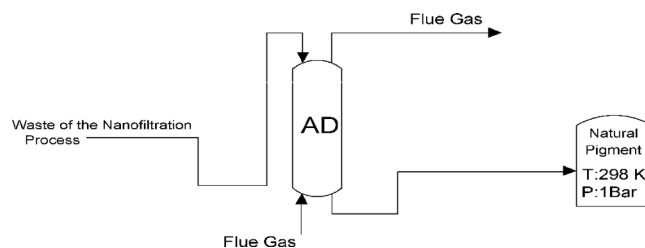


Figure 6. Flowsheet diagram of Process A2: Production of Pigment.

fed by the solids retained in the nanofiltration process. These solids are concentrated in tannins. The size of these particles is larger than the ones containing caffeine and can be retained in the nanofiltration process.<sup>4</sup> Since SCG tannins can be used to dye different textiles with brown color,<sup>35</sup> this product can be sold as a natural pigment. The concentration of tannins in these solids was not provided in the experimental study, but the performance to dye a textile sample can be related to the total amount of phenolic components in the solution. The amount of phenolic component needed to correctly dye a gram of textile material is 0.012 g/g textile sample.<sup>35</sup>

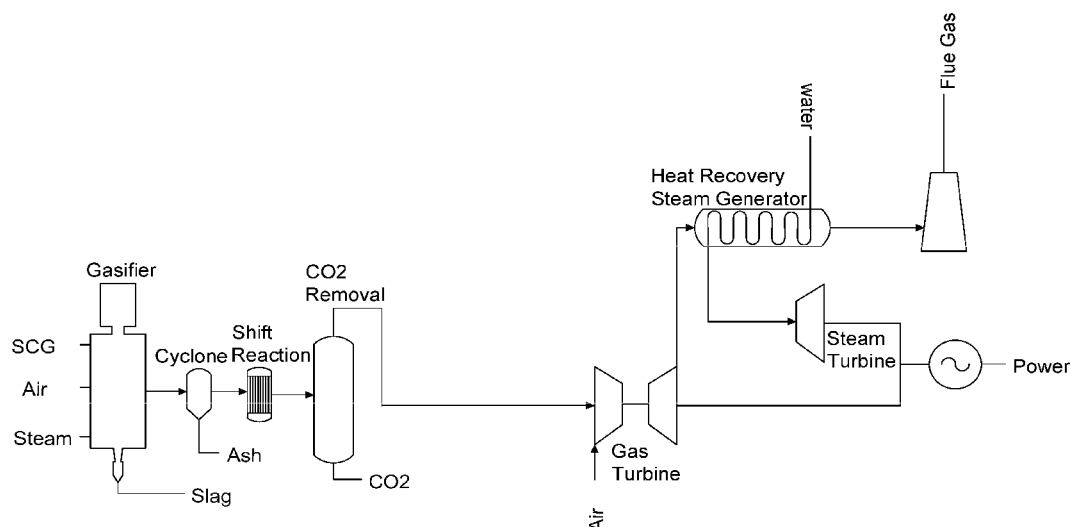


Figure 7. Process flow diagram 3.

The natural pigment is also composed of nonphenolic compounds and a percentage of water. Therefore, the actual ratio is 0.78 g Natural Pigment/g textile. This data will be particularly important to estimate the sale price of this product. The ratio between the phenolic components after the extraction process and the dry spent coffee grounds was experimentally determined (3.31 kg phenolic solids per ton of dried SCG)<sup>4</sup> and is shown by eq 28.

$$F_{CLA_{ssF}} = \left( \frac{3.31}{1000} \right) \times 0.4 \times F_{SCG} \quad (28)$$

Furthermore, the yield to natural extract production and the amount of phenolic components in the final product are known.<sup>4</sup> Therefore, the amount of phenolic compounds can be calculated with the amount of raw material (eq 29).

$$F_{NE_{ssmF}} = 0.02 \times 0.008 \times F_{SCG} \quad (29)$$

From these two values, the phenolic (eq 30) and nonphenolic components (eq 31) of the retained solids in the nanofiltration stage can be calculated.

$$F_{REN_{ssmF}} = F_{CLA_{ssF}} - F_{NE_{ssmF}} \quad (30)$$

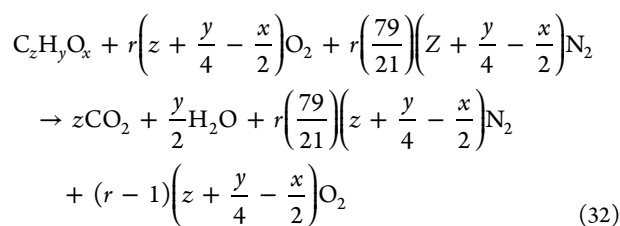
$$F_{REN_{ssmNF}} = F_{REN_{ssm}} - F_{REN_{ssmF}} \quad (31)$$

The nonphenolic components do not affect the dyeing process.<sup>35</sup> The pigment is dried with hot air up to 10% in water to be stored. The hot air is generated by an auxiliary process within the facility.

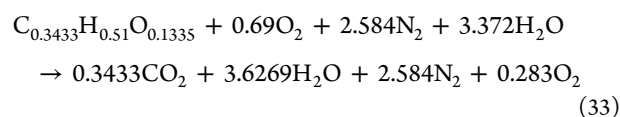
**2.4. Process 3: Production of Power.** In this case, waste is stored for 3 days, reducing the amount of water from 60% to 10%.<sup>36</sup> With this final amount of water, the heat of combustion of the spent coffee grounds is 18.8 MJ/kg.<sup>36</sup> SCG is considered as a solid fuel (like coal) that can have a yield of 40% to power (integrated gasification combined cycle, IGCC).<sup>37</sup> With this information and the price of the electricity, it is possible to estimate the income obtained from the sale of the produced power from the combustion of the spent coffee grounds, and the operation cost can be estimated using the energy produced.<sup>38</sup> A simplified flowsheet diagram of integrated gasification and the combined cycle can be seen in Figure 7.

**2.5. Auxiliary Process: Production of Hot Air and Steam.** It is necessary to produce hot air to carry out Process

1 and Process A2 since it is necessary to dry the natural extract and the natural pigment. A fraction of the SCG is sent to a boiler to produce steam and flue gas. To compute it, an energy balance is formulated. The composition of the flue gas is determined by stoichiometry.<sup>39</sup> The stoichiometry is shown in eq 32:



where  $z$ ,  $y$ , and  $x$  can be obtained from the elemental composition of the spent coffee ground<sup>40</sup> and  $r$  is the excess air. To achieve the best combustion yield, the excess air should be 1.7.<sup>40</sup> However, the air has humidity, and therefore, this equation has to be modified; 15% of the relative humidity and a temperature of 25 °C are considered. The final equation becomes eq 33:



It is necessary to compute the fraction of energy to produce steam, which was used to obtain hot flue gas so that the energy balance holds; 60% of the energy of the combustion is used to produce the required heating steam, 30% to heat the flue gas, and 10% of the energy is lost.<sup>40</sup> With this information, it is possible to formulate the mass and energy balances. The heat of combustion (HC) of the SCG is 18.8MJ/kg.<sup>36</sup> The energy balance applied to the combustion gases is shown by eq 34:

$$\eta_{air} \times F_{SCG \rightarrow AUX} \times HC = \sum_i F_i \times cp_i \times (T_{out} - T_{in}) \quad (34)$$

where  $\eta_{air}$  is the fraction of heat absorbed by the air, 0.3,  $F_{SCG \rightarrow AUX}$  is the mass flow of burned raw material, and HC is the heat of combustion.  $F_i$  is the mass of each component of the flue gas,  $cp_i$  is the heat capacity,  $T_{in}$  is the air inlet temperature, and  $T_{out}$  is the temperature of the flue gas. As the maximum amount of water that the air can remove is a

function of its temperature and the amount of air, mass and energy balances of the processes of combustion and drying must be solved simultaneously.

No change in temperature is considered in the streams that are dried to avoid damaging the product. The heat supplied by flue gas must be equal to the heat required to dry the natural pigment down to 10% water and the natural extract down to 5.9%. This energy balance is given by eq 35:

$$\sum_i F_{FG \rightarrow i} \times c_{p1} \times (T_{outFG} - T_{inFG}) = \lambda_{H_2O} \times (F_{H_2O_{in \rightarrow i}} - F_{H_2O_{out \rightarrow i}}); \quad j \in \{AD1, AD2\} \quad (35)$$

where  $T_{in}$  is the inlet temperature of the flue gas into the drying process,  $T_{out}$  is the outlet temperature,  $\lambda_{H_2O}$  is the latent heat of water,  $F_{H_2O_{in}}$  is the mass flow of water of the stream that goes into the dryer, and  $F_{H_2O_{out}}$  is the mass flow of water of the stream that comes out. The evaporated water is removed by the flue gas, so its humidity increases with each of the two drying stages at Process 1 and Process A2. The relationship between absolute air humidity and partial pressure is indicated by eq 36. The relative humidity must be lower than one in the pigment drying process. Since this flue gas is generated through the combustion of SCG, to reduce the losses of raw material, the target is to minimize its production. Therefore, the relative humidity of the flue gas from the last drying process is fixed to 1.

$$AH = 0.625 \times \frac{Pa}{P - Pa} \quad (36)$$

AH is the absolute humidity (kg water/kg dry air), Pa is the partial pressure of the water, and P is the total pressure, 1 atm. The saturation pressure is calculated using Antoine's equation.

In addition to hot air production, steam is also produced. This steam is used to heat the streams before anaerobic digestion and the stream before the nanofiltration stage. The amount of steam generated is given by eq 37:

$$\eta_{H_2O} \times F_{SCG \rightarrow AUX} \times HC = F_{H_2O} \times c_{p_{H_2O}} \times (120 \text{ }^\circ\text{C} - 25 \text{ }^\circ\text{C}) + \lambda_{H_2O} \times F_{H_2O} \quad (37)$$

where  $\eta_{H_2O}$  is the percentage of heat absorbed by the water, 0.6, and  $F_{H_2O}$  is the mass flow of steam generated. Note that  $F_{SCG \rightarrow AUX}$  is the same variable as in eq 34. Since the amount of steam generated is much larger than the one necessary as a utility in the processes of the superstructure, the rest of the steam can be used in the extraction process of instant coffee production. In the extraction process, the relationship between the steam and the solid total of the product is 28, according to a patent.<sup>41</sup> Besides, 75%<sup>40</sup> of the necessary energy to produce instant coffee is used in the extraction process. Therefore, it is possible to estimate the steam required by the production of soluble coffee and to supply a part of that energy with the steam of the auxiliary process. As a result, the circular economy and the principle of self-sufficiency are favored.

**2.6. Process Using Dried Raw Material.** The most studied process that uses dried SCG is the biodiesel production process, but the raw material has 60% of water; it is necessary to remove that water before feeding the process.

For this reason, it is very likely that this type of process is not economically feasible. Therefore, a preliminary study is carried out to determine the maximum income and energy that can be obtained from that biodiesel. The results of the study are that the energy balance is negative, 4698 kcal per 100 kg<sub>SCG</sub>, due to the yield to produce the biodiesel and the difference between the heat combustion of the SCG and Biodiesel. A quick economic evaluation also shows nonprofitable production, 0.9€ per ton of Biodiesel. Both studies are reported in the Supporting Information.

**2.7. Solution Procedure.** **2.7.1. Process Design.** The superstructure is solved using a simplified profit as an objective function. The amount of SCG that is sent to each process is a variable of the optimization model and will depend on the operating costs and incomes from the sale of the products generated in each process. The objective function is given by eq 38 including the income from products and the operating cost and energy:

$$\text{profit} = \sum_p \text{price}_{\text{product}_p} \times F_p - \sum_i \text{price}_{\text{rawmaterial}_i} \times F_i - CW - CE - C_{\text{powerplant}} \times HC \times F_{SCG \rightarrow P3} \quad (38)$$

where  $F_i$  and  $F_p$  are the mass flow of the raw material and products, respectively.  $F_{SCG \rightarrow P3}$  is the amount of spent coffee grounds that is sent to Process 3. CE and CW are the production cost of the electrical and thermal energy, respectively.  $C_{\text{powerplant}}$  is the operating cost of the power plant.

**Raw Material Cost.** We consider the cost of the spent coffee grounds, citric acid, and water. The prices can be seen in Table 2.

**Table 2. Price of Raw Materials**

raw material	cost (€/t)
spent coffee grounds <sup>4</sup>	50
citric acid <sup>42</sup>	530
water <sup>43</sup>	0.78

**Cost of Energy.** Both electrical and thermal energy are considered. On the one hand, most of the electrical energy used in the plant is consumed by the pumps necessary to feed the processes of reverse osmosis (20 bar) and nanofiltration (5 bar). For the calculation of this type of energy, the consumption of power by a pump is computed using eq 39) for nanofiltration and eq 40 for reverse osmosis:

$$P_{W_{NF}} = n_{NF} \times p_{H_2O} \times g \times V_{CLA} \times h_{NF} \quad (39)$$

$$P_{W_{IO}} = n_{IO} \times p_{H_2O} \times g \times V_{PER} \times h_{IO} \quad (40)$$

where  $n_{NF}$  and  $n_{IO}$  are the efficiencies of the pump (0.55 for the nanofiltration process and 0.47 for the reverse osmosis process<sup>44</sup>).  $h_{NF}$  and  $h_{IO}$  are the hydraulic heights that are computed performing an energy balance, the Bernoulli equation, to the pump resulting in values of 41.37 and 165.43 m for nanofiltration and reverse osmosis process, respectively. Considering that the electrical energy is produced in the plant using raw material, the cost of electricity will be equal to the cost of the raw material used to produce that energy. Taking into account the considerations indicated in section 2.4 and the cost of the raw material, the cost of the



energy consumed by reverse osmosis and nanofiltration processes can be estimated by eq 41:

$$CW = (P_{W_{\text{nano}}} + P_{W_{\text{OI}}}) \times HC \times 0.4 \times F_{\text{SCG}} \times C_{\text{RM}} \quad (41)$$

where  $C_{\text{RM}}$  is the cost of the spent coffee grounds.

On the other hand, most of the thermal energy used in the plant is used in the drying processes for the production of the natural extract (Process 1) and the natural pigment (Process A2). The value corresponds to the energy required to evaporate the water accompanying both products. Its cost is computed as the amount of SCG needed to produce the energy. In this way, the thermal energy cost to dry the natural pigment and the natural extract is calculated by eq 42 and eq 43. The total cost is given by eq 44:

$$CE_{\text{NE}} = \frac{(F_{\text{NE}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NE}_{\text{H}_2\text{O}_{\text{out}}}})}{(F_{\text{NE}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NE}_{\text{H}_2\text{O}_{\text{out}}}}) + (F_{\text{NP}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NP}_{\text{H}_2\text{O}_{\text{out}}}})} \times F_{\text{SCG} \rightarrow \text{AUX}} \times \text{price of SCG} \quad (42)$$

$$CE_{\text{NP}} = \frac{(F_{\text{NP}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NP}_{\text{H}_2\text{O}_{\text{out}}}})}{(F_{\text{NE}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NE}_{\text{H}_2\text{O}_{\text{out}}}}) + (F_{\text{NP}_{\text{H}_2\text{O}_{\text{in}}}} - F_{\text{NP}_{\text{H}_2\text{O}_{\text{out}}}})} \times F_{\text{SCG} \rightarrow \text{AUX}} \times \text{price of SCG} \quad (43)$$

$$CE = CE_{\text{NE}} + CE_{\text{NP}} \quad (44)$$

**Operating Cost of the Power Plant.** It is possible to estimate the operating costs of a power plant from biomass using data from the literature.<sup>38</sup> The operational costs are given by eq 45.

$$C_{\text{powerplant}} = 0.06\text{€}/\text{kWh} \quad (45)$$

**Income from the Products.** The income of the natural extracts, natural pigment, biogas, digestate, and power are considered.

In the case of natural extracts, the same price in ref 4 (70€/kg natural extracts) is used.

It is considered that the biogas is used to produce power; therefore, its price is estimated using the price of the power (0.1021€/kWh),<sup>45</sup> the yield to produce power from a gas fuel (40%<sup>46</sup>), and heat of combustion of 5500 kcal/m<sup>3</sup>.<sup>47</sup> The income of the digestate is estimated using the price of fertilizer (182.16€/t<sup>48</sup>).

Following the classification criteria of natural pigments used by a company specialized in the sale of this type of product,<sup>49</sup> the main factor used to estimate the price is the weight of fiber (WOF).<sup>50</sup> WOF is calculated following eq 46:

$$\text{WOF} = \frac{\text{weight natural pigment}}{\text{weight textile sample}} \times 100 \quad (46)$$

In the case of the natural pigment of this work, the ratio is 0.78 g natural pigment/g textile, and therefore, the WOF is 78%. The price of this product can be estimated using a similar natural pigment,<sup>49</sup> whose sale price is 28€/kg.

Finally, the price of the power is 0.1021 €/kWh,<sup>45</sup> and the yields indicated in section 2.4 are used to estimate the income of the power produced using the SCG that is sent to Process 3.

The optimization formulation is subjected to the models described in sections 2.1–2.5.

**Model Statistics and Solution.** The model is a nonlinear programming (NLP) model and consists of 610 equations and 1615 variables. KNITRO and CONOPT are used to find an initial feasible solution, and BARON is used to find a global optimum for the problem (gap of 0.2%). The use of binaries was avoided so as not to formulate mixed-integer nonlinear programming (MINLP). Continuous variables (flows of raw materials sent to different processes) were used to decide whether the process is used or not.

**2.7.2. Investment and Production Costs of the Factory.** The investment and production costs associated with the use of SCG as raw material are estimated using the factorial method.<sup>51</sup> The investment cost is based on the equipment cost that is computed unit by unit from their size and using cost correlations appropriated to each unit type. The production costs involve raw materials, maintenance, labor, among others. Further considerations and calculations are included in the Supporting Information.

### 3. RESULTS

One of the main problems in the development of biorefineries aimed at treating this type of waste is the decentralization of its production. Approximately, 50% of the SCG is generated in coffee shops and restaurants and by private consumption,<sup>8</sup> and its collection is challenging because individual production is very low. The high content of water and organic matter makes its transport and storage also a difficult task, due to the degradation processes. The other 50% is generated in the processes of soluble coffee production. In addition, the performance also depends on the quantity and quality of the raw material sent to the biorefinery, so it is important to ensure that the raw material for the biorefinery is homogeneous in both quality and quantity. Therefore, it is assumed that the processing of SCG will be an additional section to the soluble coffee production process. In this way, the initial conditions of the waste will not vary significantly. The standard size of a soluble coffee production plant varies between 16500 and 23000 tons per year.<sup>5</sup> Therefore, the production of 40000 t/year of SCG (2 kg of SCG are produced by 1 kg of soluble coffee produced<sup>7</sup>) is used to test the methodology explained in section 2. The results are divided into two sections. The results corresponding to the mass and energy balances of the process are selected as optimal and the economic evaluation of each of the processes.

**3.1. Mass and Energy Balances.** All of the processes previously described are considered simultaneously in the same optimization model. The amount of SCG sent to each process is a variable of the problem. The results show that 58.94% of the raw material is sent to Process 1, while 41.06% is used for the production of utilities for the process. This amount is the minimum necessary to generate hot air for the drying processes. The yield of natural extract production is 0.494%, while that of natural pigment is 4.88% (with respect to the initial SCG). The yield to natural extract is slightly lower than the one indicated in the literature<sup>52</sup> (0.8%). Nevertheless, this is due to the fact that part of the SCG is being used to produce energy, and the yield is calculated considering the entire amount of SCG (40000t). The biogas and digestate production yields are 3.13% and 10.66%, respectively. Table 3 shows a summary of the main results.

Table 3. Mass Balances of the Best Process

products	amount (t/Year)
dried natural extract	198
dried natural pigment	1951
biogas	1255
digestate	4264
steam	57287
Raw Material	Amount (t/Year)
total SCG	40000
SCG for Process 1	23577
SCG for Process 2	0
SCG for Process 3	0
SCG for the auxiliary process	16423
consumed water (with water integration)	129807
consumed water (without water integration)	192592
citric acid	324
steam	4032
air for the combustion process	346650

It can be seen that when the added value of a product is larger, its yield is lower. The product that shows the best trade-off is the natural pigment since its price is high and the yield is not particularly low. In the opposite case, the biogas has a low yield and low price.

The water reused within the process allows a reduction in the consumption of fresh water of 32.6%. The output water from the digestate filtration process could have been used in the scrubber (see Figure 1); however, the dissolved ammonia did not allow it. By using a fraction of SCG as fuel, the use of nonrenewable electrical energy is avoided. In addition, it is observed that the amount of steam generated in the plant is much larger than what is necessary (only 6.6% is used by the new line of the factory). This is because the consumption of the boiler is adjusted to produce the flue gas necessary for the drying processes, while the steam generated is considered as a secondary asset (see eq 33). Therefore, it is possible to use this steam to supply the heating utility for the extraction process of the production of instant coffee. The excess of steam produced from the SCG represents 9.5% of the total steam required in the extraction process. Since the extraction process represents 75% of the energy of the entire instant coffee production process, the steam generated in the auxiliary process allows saving 7% of the total energy. As a result of the integration of the use of SCG within a soluble coffee facility, 7925tCO<sub>2</sub>/year can be avoided versus the use of natural gas<sup>53</sup> or 18328tCO<sub>2</sub>/year if the steam is generated with coal.<sup>47</sup> The amount of SCG needed to generate all of the steam needed to supply the extraction process for soluble coffee would be 186667t. Therefore, the maximum amount of steam savings that can be achieved, assuming that all of the SCG generated in the soluble coffee production process are sent to the boiler, would be 21.5%.

**3.2. Economic Evaluation.** The income and costs considered by the objective function determine the transformation route that is the most profitable. Once the best process is established, a more detailed economic evaluation is carried out. As indicated in the previous section, most of the available raw material is sent to Process 1, so this is the best process from an economic point of view. Table 4 shows the results of income and cost considered in the objective function for Process 1. On the one hand, the products that generate the largest income from Process 1 are the natural extract and the

Table 4. Income and Main Variable Operating Costs

item	(k€/year)
income of pigment	54637
income of natural extract	13838
income of digestate	777
income of biogas	152
total income	69403
cost of raw material	1179
cost of citric acid	172
cost of water	101
cost of heat energy	821
cost of electric energy	3
main variable operating costs	2276

natural pigment, which represent 19.93% and 78.72% of the total income, respectively. This is because both are highly added-value products, despite the low amount produced. The waste produced in a decanter is used to produce biogas and digestate, even though the income of these products is low, representing 0.22% and 1.12% of the total, respectively. On the other hand, the highest operating cost is associated with the raw material, representing 51.80% of total operational costs, while citric acid represents 7.56%, the water 4.44%, and the energy 36%. This is because the amount of citric acid used is very small, water is a cheap chemical compound, and the energy consumption is not very high. In addition, we reduce the consumption of energy in the drying process through the prefiltering process, and the hot air, steam, and power are produced at the factory.

A complete economic analysis, considering operating costs and fixed capital, is carried out for Process 1, since this process is the most profitable. Table 5 shows the results of the detailed economic analysis.

The objective function only considers the major variable contributions, which represent almost 50% of the total operating costs. It is assumed that labor and laboratory costs will be similar in all of the processes considered. In addition, there is a large difference in the profits obtained among the set

Table 5. Results of the Complete Economic Analysis

total investment (M€)	
PCE	4.05
PPC	9.51
fixed capital	13.31
working capital	0.66
total	13.97
Operation Cost (M€/Year)	
Variable	
raw materials	1.35
miscellaneous	0.06
utilities	0.10
power	0.82
Fixed	
maintenance	0.66
operating labour	0.08
plant overheads	0.04
laboratory	0.02
capital charges	1.33
insurance	0.13
total	4.59
annual profit (M€/year)	64.81

of processes involved in the superstructure; therefore, the objective function is considered to correctly select the most profitable process.

On the one hand, regarding the investment costs, the highest share corresponds to the cost of the digesters, which represents 48% of the total, because of the high residence time necessary for the conversion of the waste into biogas and digestate. First, the possibility of not treating these wastes was considered to avoid the cost of the digesters, but one of the objectives of this work is to use all of the waste produced in the processes (that can be treated) toward implementing the circular economy concept within the food industry, aiming at zero-waste emissions. Therefore, that cost was considered in the analysis. On the other hand, regarding the operating costs, the highest is the cost of raw material, which represents about 29% of the total costs. Note that the income from the sale of the products allows for the recovery of the investment in the first year of installation. This is because the price used to estimate the income of the products is the final price in a retail establishment. It is expected that the manufacturing price and the final sale price differ considerably; however, this price is considered an industrial secret and is very difficult to estimate. For this reason, in the last part of this section, a sensitivity study is carried out, considering different prices and demands.

**3.3. Alternative Solutions.** It is possible to process the SCG following also Processes 2 and 3. While the optimization does not select these alternatives based on poorer economic potential, in this section, the economic performance of Process 1 compared with other processes proposed in this study is presented. The amount sent to each process was set to analyze the maximum benefits that the factory would have if other processes were selected. An economic evaluation of Processes 2 and 3 can be seen in Table 6.

**Table 6. Economic Evaluation of Processes 2 and 3**

process 2	
item	(k€/year)
income of biogas	267
income of digestate	1958
total income	2225
cost of raw material	2000
cost of water	162
operational total cost	2162
profit of Process 2	61
Process 3	
incomes of power	8529
operational total cost	4795
cost of raw material	2000
operational total cost	6795
profit of Process 3	1734

In the case of Process 2, the operating costs are similar to the income, and therefore, the profit is low. In fact, the profit is almost 29 times lower than the profit of Process 3 and 1140 times lower than the profit of Process 1. In addition, it is necessary to indicate that the amortization costs of the equipment for each process are not being considered when selecting the processes. If this cost is added in the economic evaluation, this process would not be profitable, and it would be necessary to discard it when carrying out a more detailed analysis of each of the processes. However, unlike what

happened with biodiesel, which can be determined not to be competitive with a preliminary study, in this case, the difference between incomes and costs is quite small and cannot be discarded in a preliminary study. Finally, Process 3 is economically viable, but its profit is worse than Process 1, 40 times less.<sup>38</sup>

Nevertheless, these processes are clearly less profitable than Process 1, and the profit of this process is subject to great uncertainty for two main reasons.

The variability in the prices of high added-value products is especially high since it depends on the type of markets and the countries where they are sold, and their price can vary by orders of magnitude. The products obtained from waste must compete for a market gap or displace those obtained from natural or artificial sources, which are usually of better quality and lower price. For these reasons, a sensitivity study is performed in order to establish the critical values from which Process 3 began to be competitive compared to Process 1, using the flexibility that the superstructure allows. Process 2 is discarded due to its low profit margin. Three prices and three percentages of product sold are established for each product. The demand had to decrease to values lower than 10% to be able to reach the critical values of the optimal process change due to the great difference in profit between Processes 1 and 3. The complete results of the sensitivity study can be found in the Supporting Information. The most important results from this analysis are shown in Table 7. In addition to the specific

**Table 7. Summary of the Sensitivity Analysis**

scenario	Pnp (€/kg)	Pne (€/kg)	Dnp (%)	Dne (%)	profit (M €/year)	optimal process selected
1	14	35	3	3	598	3
2	14	50	3	3	687	3
3	14	70	3	3	806	3
12	14	70	6	3	1717	3
35	20	50	3	10	1770	1
79	28	35	10	10	6249	1
80	28	50	10	10	6545	1
81	28	70	10	10	6941	1

results obtained in the present case study, the flexibility of the superstructure designed in the present work allows for adaptation to the particular market conditions of the place under consideration. Pnp and Pne are the prices of the natural pigment and the natural extract, respectively. Dnp and Dne are the percentages sold of natural pigment and natural extract.

After the analysis, it can be seen that scenarios 1, 2, and 3 show the worst possible combination of the parameters, while scenarios 79, 80, and 81 show the best results for a demand of 10% of the total material manufactured. Scenarios 12 and 35 constitute the critical values from which Process 1 is no longer the most profitable.

#### 4. CONCLUSIONS

The analysis of the use of SCG as a resource to produce added-value products and energy has been analyzed from the process perspective within a biorefinery concept. A superstructure has been developed where three different processes are considered to produce five products (natural extract, natural pigment for the textile industry, biogas, digestate, and power). Mathematical optimization techniques are used to select the best process and the portfolio of products from an economic point of view.

In addition, the integration of energy and water is considered. Due to the decentralized production of the spent coffee grounds and its high water content, it was decided that the process is integrated as an additional production line to the soluble coffee production process, and a fraction of the remaining energy of the recovery process is used to drive the main production process.

After analyzing different alternatives, two processes are economically viable, the production of energy, Process 3, and the production of natural extract and pigment, Process 1. Nevertheless, Process 1 shows a profit 40 times higher than Process 3 due to the high sale price of the natural pigment and of the natural extract, and therefore, this process is chosen for the valorization of the SCG. Between these two products, the income from the sale of natural pigments is 3.9 times higher than the natural extract, which makes natural pigment the most balanced product in terms of price and production capacity. The annual profit using Process 1 is 65 MM€/year, while operating costs are 4.59MM €/year. Regarding investment costs, 13.97 MM€ is necessary to start up the new production line based on Process 1. The digesters are the most expensive equipment (48% of the total equipment cost); nevertheless, they are necessary for the treatment of the waste produced in the decantation process. The treatment of these wastes was maintained to comply with the treatment of all wastes generated since the benefits of the sale of digestate and biogas (0.77 MM€/year and 0.15 MM€/year, respectively) are negligible compared to other products.

The use of SCG to produce biodiesel is discarded due to the need to dry the raw material. Digestate and biogas production using the SCG as raw material (Process 2) is discarded because it has a negative benefit when all operating costs are considered.

## ■ ASSOCIATED CONTENT

### ■ Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.iecr.0c05246>.

Energetic and economical evaluation of the biodiesel; estimation of equipment costs, fixed capital, and operation cost; sensitivity analysis (PDF)

## ■ AUTHOR INFORMATION

### Corresponding Author

Mariano Martín – Department of Chemical Engineering, University of Salamanca, Salamanca 37008, Spain; [orcid.org/0000-0001-8554-4813](https://orcid.org/0000-0001-8554-4813); Email: [mariano.m3@usal.es](mailto:mariano.m3@usal.es)

### Authors

Manuel Taifouris – Department of Chemical Engineering, University of Salamanca, Salamanca 37008, Spain  
Marcos L. Corazza – Department of Chemical Engineering, Federal University of Paraná (UFPR), Curitiba, State of Paraná 19032, Brazil; [orcid.org/0000-0003-2305-1989](https://orcid.org/0000-0003-2305-1989)

Complete contact information is available at: <https://pubs.acs.org/doi/10.1021/acs.iecr.0c05246>

### Notes

The authors declare no competing financial interest.

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